

### Detecting Infectious HIV in Human Milk

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# Does human milk contain infectious HIV?



#### What is known?

- HIV RNA detectable by PCR in milk of 60-90% of HIV + mothers (usually requires testing of multiple samples from each mother).
- Correlation of milk HIV RNA levels with higher plasma HIV loads, lower blood CD4 counts, detection of HIV DNA in maternal genital secretions, and mastitis.
- Milk contains several inhibitors of HIV infectivity (lactoferrin, SLPI, EPO, antibodies)
- Infectious HIV has not been detected.



#### **Blood Plasma**





### **How HIV Infection Occurs**





#### **HIV Infection in the Body**





#### Human Genes Implicated with Influencing HIV Infection and/or HIV Disease Progression

ж <b>HLA/Тар</b>	<ul> <li>※ CCR2B-64I</li> <li>※ SDF1-3A</li> <li>※ CCR5∆32</li> </ul>	Windentified genes confiring post-entry restriction in CD4 T-cells



### Summary of Parameters for HIV Infectivity

- HIV quantity in body fluids generally low (blood plasma>milk>genital secretions)
- HIV virions mostly neutralized by antibodies
- B-chemokines made at high levels in local vicinity can inhibit HIV infection.
- 95-99% of all CD4 lymphocytes are resting (not permissive for viral replication).
- Host resistance genes.



### Probability of HIV Transmission (per event)

-Kissing -Oral sex -Breast-feeding -Vaginal sex -Anal sex 0 0.0001 0-0.0001 0.0003-0.002 0.01-0.005



#### **Distribution of Leukocytes in Milk**

Total cells/ml	
Colostrum	10 <sup>6</sup> -10 <sup>7</sup>
Mature milk	10 <sup>4</sup> -10 <sup>5</sup>
Monocyte-macrophage (%)	
Colostrum	47-66
Mature milk	44
Lymphocytes (%)	
Colostrum	5-11
Mature Milk	2
Lymphocyte subsets (% of total	
lymphocytes)	7-35
B cells (total)	50-88
T cells (total)	43
CD4+	48
CD8+	9
NK	



#### Levels (µg/ml) of Immunoglobulins in Human External Secretions

Fluid	IgA	IgG	IgM	lgA1 (%)	IgA2	pIgA	mIgA
Tears	80-400	trace-16	0-18	59	41	95	5
Nasal secretions	70-846	8-304	0				
Parotid saliva	15-39 120-319	0.4 2-5	0.4				
Whole saliva	194-206	42	64	63	37	96	4
Bronchoalvcolar fluid	3	13	0.1	67	33	72	28
Colostrum Milk	12.340 470-1632	100 40-168	610 50-340	52-65	35-48	90-95	5-10



# Problems with studies attempting to detect Infectious HIV in human milk

- 1. HIV virions in milk fluid are likely to be neutralized by antibodies (non-infectious)
- 2. Presence of other inhibitory factors in milk (lactoferrin, SLPI)
- 3. HIV-infected cells present in low numbers

Blood: 1-10% of CD4 cells abortively infected 0.001% of CD4 cells productively and latently infected.

4. Sample storage or preparation not compatible with maintaining cells healthy.



## How Studies to Detect Infectious HIV should be performed:

- 1. Fresh milk samples, taken immediately to lab.
- 2. Centrifuged to separate cells from fluid portion.
- 3. Density centrifugation of cellular components to separate mononuclear cells from other cell types.
- 4. Magnetic bead sorting to retain CD4 lymphocytes and monocytes.
- Mononuclear cell culture PHA-stimulated and grown in IL-2 containing media.
- 6. Add fresh PHA-CD4 blasts at 3 weeks.
- 7. Monitor weekly for HIV-p24 by Ag-capture EIA or PCR.